

## *Sjögren's Syndrome*

1. Ocular symptoms
2. Oral symptoms
3. Ocular signs
4. Histopathology
5. Salivary gland involvement
6. Autoantibodies

In patients without any potentially associated disease the presence of any four of the six items is indicative of primary SS.



# *Sjögren's syndrome*

## *Assessment of the European classification criteria*

1. **Ocular symptoms:** a positive response to at least one of the 3 selected questions:
  - a. Have you had daily, persistent, troublesome dry eyes for more than 3 months?
  - b. Do you have a recurrent sensation of sand or gravel in the eyes?
  - c. Do you use tear substitutes more than three times a day?
2. **Oral symptoms:** a positive response to at least one of the 3 selected questions:
  - a. Have you had a daily feeling of dry mouth for more than 3 months?
  - b. Have you had recurrently or persistently swollen salivary glands as an adult?
  - c. Do you frequently drink liquids to aid in swallowing dry food?
3. **Ocular signs:** objective evidence of ocular involvement defined as a positive result in at least one of the following two tests:
  - a. Schirmer's I test
  - b. Rose Bengal score
4. **Histopathology:** a focus score more than 1 in a minor salivary gland biopsy
5. **Salivary gland involvement:** objective evidence of salivary gland involvement defined by a positive result in at least one of the following three diagnostic tests:
  - a. Salivary scintigraphy
  - b. Parotid sialography
  - c. Unstimulated salivary flow
6. **Autoantibodies:** presence in the serum of the following autoantibodies:  
Antibodies to Ro (SS-A) or La (SS-B) antigens, or both

**In patients without any potentially associated disease the presence of any four of the six items is indicative of primary SS.**

